



CRF COVID-19 SUPPORT SERVICES

COVID-19 Employee Relief Grants

[CRF Angel Relief Fund](#)

[NRAEF Employee Relief Fund](#)

[C.O.R.E](#)

[Bartender Emergency Assistance Program](#)

Diagnosed with COVID-19 or Ordered Quarantine?

[Disability and Social Security Claims](#)

Caring for Someone Diagnosed with COVID-19

[Emergency Mandatory Paid Sick Leave – Where to Apply](#)

Lost Wages or Unemployment

[How to Start a Claim and File](#)

Safety Tips for Restaurants

[ServSafe](#)

[ServSafe Tips For Restaurants](#)

Mortgage/Rental/Utility Help

[U.S. Department of Housing and Development:](#)

[Rental Assistance](#)

[TRUA – Rental Assistance](#)

[211 – Housing & Shelter Resources](#)

Colorado Support Services

[Work Life Partnership](#)

[OnwardCO](#)

One-stop resource for the people of Colorado impacted by job loss during the COVID-19 Pandemic

Mental Health, Recovery & Wellness

[United Healthcare](#)

[Active Minds](#)

**Free Emotional Support Call Line Staffed by Trained Mental Health Professionals
Free and Open to Everyone**

Call UHC's emotional support line, open 24/7, and staffed by professionally trained mental health experts. ***It is free of charge and open to anyone who may be experiencing anxiety or stress related to COVID-19. Call Toll Free: 866-342-6892.***

[Code4 Counseling New Client Form](#)

Free Mental Health Sessions by Trained Counselors Open to Hospitality and Restaurant Employees

This offer includes up to eight 50-minute sessions available for any hospitality employees experiencing symptoms of depression, anxiety, and stress for free through August 2020 and is conducted by trained counselors through Code-4 Counseling. **Contact Dr. Sara Metz at drsarametz@code4counseling.com or fill out the new client form above.**

[Free Yoga Videos](#)



8 out of **10** employees say health insurance is a “must-have.”

Source: 2019 study, MetLife.

Help attract and retain employees by offering health benefits that help meet their needs.

Learn more at lp.uhc.com/cra.



COLORADO RESTAURANT ASSOCIATION



UnitedHealthcare®

Mental Health, Recovery & Wellness (cont.)

[Metro Crisis Services](#)

[National Suicide Prevention](#)

[Chefs with Issues](#)

[Hope for the Day](#)

[The Trevor Project](#)

[AspenRidge Recovery](#)

Available Jobs and Job Boards

[Safeway](#)

[King Soopers](#)

[U S Postal Service](#)

[Swire Coca Cola](#)

[CRA Job Board](#)

[Amazon](#)

[Pepsi CO.](#)

[Target](#)

[Walmart](#)

[UPS](#)

[FedEx](#)

[Sam's Club](#)

Food Banks and Pantries

[Food Bank of the Rockies](#)

[Care and Share Food. Bank for Southern Colorado](#)

[Denver Food Pantries](#)

Food Banks and Pantries (cont.)

[Colorado Free Food Resources](#)

Disaster Relief

[Colorado office of emergency management](#)

[Disaster Assistance](#)

[American Red Cross of Colorado](#)

[Families First Coronavirus Response Act](#)

General/Other Resources

[The Salvation Army](#)

[United Way](#)

[Emergency Child Care](#)

[Homemade Hand Sanitizer Recipe](#)

Sample of a Hardship Letter for Creditors

[This can be used as a template for a variety of letter submissions](#)

The COVID-19 Support Services document will be updated as more resources and information become available.

For more questions, please contact Shelby Bowen at sbowen@corerestaurant.org