

# Registered Restaurant Apprenticeship

*Building Team Leaders  
From Within*



The Colorado Restaurant Foundation's competency-based apprenticeship programs are designed for people of all ages committed to careers in the restaurant industry who are looking to build their skill set while earning money. Restaurant operators can onboard new employees as apprentices for on-the-job training in specific culinary or management competencies. Apprentices also receive additional classroom and/or self-paced instruction, provided by the National Restaurant Association Educational Foundation or a local community partner. Apprenticeship helps operators develop talent, increase retention, and build leadership from within.

## Available Apprenticeship Tracks

All tracks are available to individuals 17 or over applying for a first-time position, or to any of your current employees who show potential!

- **Line Cook:** About 12 months
- **Kitchen Manager:** About 18 months
- **Restaurant Manager:** About 24 months

*The nationwide retention rate  
for Apprentices is 80 percent!*





## What do I do once I hire an apprentice?

- Commit to training your apprentice(s) for as long as it takes for them to gain the required competencies.
- Provide at least one wage increase during the Apprentice's tenure.
- Provide on-the-job training in culinary skills, safety and sanitation, and management and leadership. Customized technical assistance is offered to help you and your staff prepare to support Apprentices.
- A training course component is provided by either the National Restaurant Association Educational Foundation or a community partner.

## What are the advantages of participating?

- Current employers say that offering apprenticeship can attract more job applicants!
- Accessing a new pool of qualified employee candidates
- Increasing productivity
- Increasing retention
- Building a diverse, engaged, competent staff
- Many Apprentice candidates have already completed ProStart or in-classroom training - and come equipped with the technical skills to make them successful

## How Do I Participate?

Reach out to Programs Manager Stacy Griest ([sgriest@corerestaurant.org](mailto:sgriest@corerestaurant.org)) at the Colorado Restaurant Foundation to get started.



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